

# GLUTEN FREE MENU



As our meals are freshly prepared, please do expect delays during busy periods.

## Allergens and intolerances:

If you have any concerns please speak to a member of staff.

## VAT and service charge:

All prices include VAT at current rate. No charge is made for service.

## STARTERS

### Soup £7.50

Served with gluten free bread and butter

*This may vary from the soup of the day*

### Prawn Cocktail £8.50

Succulent prawns on a bed of lettuce, served with Marie Rose sauce and gluten free bread and butter

### Nachos

Tortilla chips loaded with one of the following toppings:

- Salsa, cheese and jalapenos £14.25
- Chilli beef, cheese and jalapenos £14.75
- Roasted vegetable, cheese and jalapenos(V) £14.25
- BBQ pulled pork, cheese and jalapenos £14.75

All served with sour cream and guacamole

## JACKET POTATOES

Served with butter, salad and coleslaw.

With a choice of fillings:

- Grated Mature Cheddar
- Baked Beans
- Tuna Mayonnaise
- Chilli Con Carne
- Prawns in Marie Rose Sauce

1 filling £9.75

2 fillings £10.75

## SANDWICHES

All served on gluten free bread with £9.25

salad and crisps

With a choice of fillings:

- Bacon, lettuce and tomato
- Tuna mayonnaise and cucumber
- Mild cheese

## LIGHTER BITES

### Salad Bowl

A dressed mixed salad of lettuce, tomato, cucumber, peppers, red onion and coleslaw

**Chicken and Bacon £15.00**  
**Prawn and Crayfish £16.00**

## MAINS

**Grilled Fish of the Day £16.25**

Served with peas or mushy peas, new potatoes and salad garnish

**8oz\* Sirloin Steak £23.00**

Served with grilled tomato, mushroom, garden peas and new potatoes

**Add Stilton or Peppercorn sauce £3.50**

**10oz\* Gammon Steak £19.25**

Served with grilled tomato, mushroom, garden peas and new potatoes

\*Approximate uncooked weight

**BBQ Chicken Melt £16.00**

Grilled chicken and bacon topped with cheese and BBQ sauce, served with salad and new potatoes

**Homemade Chilli Con Carne £15.00**

Local minced beef chilli served on a bed of rice topped with soured cream and nachos

**Mediterranean Vegetable & Tomato Stir Fry (V) £15.00**

Served with rice

**Mushroom & Red Pepper Stroganoff (VG) £15.00**

In a paprika, garlic and ginger infused vegan cream, served with rice

Menu may change due to availability and timely deliveries of ingredients