

GLUTEN FREE MENU

As our meals are freshly prepared, please do expect delays during busy periods.



Allergens and intolerances:

If you have any concerns please speak to a member of staff.

VAT and service charge:

All prices include VAT at current rate.
No charge is made for service.

STARTERS

Soup £8.50

Served with gluten free roll and butter

This may vary from the soup of the day

Prawn Cocktail £9.25

Succulent prawns on a bed of lettuce, served with Marie Rose sauce and gluten free bread and butter

Nachos

Tortilla chips loaded with one of the following toppings.

small/large

• Salsa, cheese and jalapenos (v) £9.00/£15.50

• Chilli beef, cheese and jalapenos £9.25/£16.00

• Roasted vegetables, cheese and jalapenos(V) £9.25/£16.00

• BBQ pulled pork, cheese and jalapenos £9.25/£16.00

All served with sour cream, red onions and lime wedge.

JACKET POTATOES

Served with butter, salad and coleslaw with a choice of fillings:

- Grated Mature Cheddar
- Baked Beans
- Tuna Mayonnaise
- Chilli Con Carne
- Prawns in Marie Rose Sauce

1 filling £11.00
2 fillings £13.50

SANDWICHES

All served on gluten free bread with salad and crisps and a choice of fillings: £10.25

- Bacon, lettuce and tomato
- Tuna mayonnaise and cucumber
- Prawn and Marie Rose sauce
- Sausage and caramelised onion
- Mature Cheddar and tomato

LIGHTER BITES

Salad Bowl

A dressed mixed salad of lettuce, tomato, cucumber, red onion and coleslaw

Chicken and Bacon £17.00

Prawn and Salmon £18.50

MAINS

Grilled Fish of the Day £18.00

Served with garden or mushy peas, new potatoes and salad garnish

8oz* Sirloin Steak £26.50

Served with grilled tomato, mushroom, garden peas and new potatoes

Add Stilton or Peppercorn sauce £3.50

10oz* Gammon Steak £21.50

Served with grilled tomato, mushroom, garden peas and new potatoes

*Approximate uncooked weight

BBQ Chicken Melt £18.00

Grilled chicken and bacon topped with cheese and BBQ sauce, served with salad and new potatoes

Homemade Chilli Con Carne £16.75

Local minced beef chilli served on a bed of rice topped with soured cream and nachos

Mediterranean Vegetables & Tomato Stir Fry (V) £16.00

Served with rice

Beyond Burger £16.50

Succulent and beefy pea protein burger in a gluten free roll served with lettuce, tomato and new potatoes