

# GLUTEN FREE MENU



Food served 9:00am until 9:30pm  
Monday to Saturday,  
and 12:00pm to 9:00pm Sunday

If you're sitting in the bar area,  
please make a note of your table  
number and head to the food till to  
place your order

Allergen and intolerances -  
if you have any concerns please speak  
to a member of staff

## TO BEGIN

**SOUP** £6.00  
Served with a gluten free bread roll  
and butter. This may vary from the  
Soup of the Day.

**PRAWN COCKTAIL** £6.75  
Succulent prawns on a bed of  
lettuce, served with Marie Rose  
sauce and a gluten free bread roll  
and butter

**MUCHOS NACHOS** £6.75  
A smaller portion of our tortilla corn  
chips layered with spicy beef chilli,  
melted cheese and topped with  
guacamole and sour cream

**VEGGIE NACHOS (V)** £6.75  
A smaller portion of our tortilla corn  
chips loaded with roast vegetables,  
salsa and melted cheese, topped  
with sour cream and  
guacamole

As our meals are freshly prepared,  
please do expect delays during  
busy times

All our meats for the chargrill are  
locally sourced from  
Cooks of Wisbech  
\*approximate uncooked weight

Our salad garnish  
includes mixed lettuce with  
peppers, cucumber and red onion

## MAIN COURSES

**HOMEMADE CHILLI** £12.50  
**CON CARNE**  
Local minced beef chilli served on a  
bed of rice and topped with sour  
cream

**GRILLED COD** £13.75  
Grilled cod fillet served with peas or  
mushy peas and jacket or new  
potatoes

**8OZ\* SIRLOIN STEAK** £19.00  
Served with salad garnish,  
mushrooms and jacket or new  
potatoes

**BBQ CHICKEN AND** £13.75  
**BACON TOWER**  
Strips of marinated chicken and bacon  
towered up, topped with cheese and  
BBQ sauce, served with salad and  
jacket or new potatoes

**PORK STEAKS** £14.00  
Two 4oz\* pork loin steaks served with  
new potatoes, garden peas and gravy

**SWEET CHILLI** £12.50  
**MEDITERRANEAN VEGETABLE**  
**STIR FRY (VG)**  
Served with rice

V - suitable for vegetarians  
VG - suitable for vegans

## LIGHTER BITES

**SALAD BOWL**  
Choose from the following toppings:

Chicken and bacon £12.50

Prawn and crayfish served £13.25  
with Marie Rose sauce, lemon wedge

A dressed mixed salad of lettuce,  
tomato, cucumber, peppers, red  
onion and coleslaw

**MUCHOS NACHOS** £11.50  
Tortilla corn chips layered with spicy  
beef chilli, melted cheese and  
topped with guacamole and sour  
cream

**VEGGIE NACHOS (V)** £11.50  
Tortilla corn chips loaded with roast  
vegetables, salsa and melted cheese,  
topped with sour cream and  
guacamole

**WHITE SEEDED ROLLS** £7.25  
Bacon, lettuce and tomato  
Tuna, mayonnaise and cucumber  
Mild cheese  
Roast of the day  
All served with salad and crisps

Bar open 9:00am until 11:00pm  
Monday to Saturday, and 12:00pm  
to 10:30pm Sunday